

Bean Dip

This is my family recipe that we have been eating for years. Every loves this bean dip recipe! My mom got this recipe from a coworker Marshall Rust from a popular restaurant, Rose Hedge Manor Restaurant in La Mesa back in the 1960s. I did some research on this and here is an interesting read on it: https://lamesahistory.com/wp-content/uploads/LO_3019_2009.pdf

Ingredients

Refried Beans –Typically 40 oz - 30 to 45 ounces (1 40oz can, 2 or 3 small cans or 1 large can)
1 package Lipton Onion Soup Mix
2 cups Cheddar Cheese
2 cups Sour Cream
½ cup Parmesan Cheese
1 tablespoon diced onions (optional)
2 teaspoon white pepper

Directions

Heat up the beans. Add the other ingredients.

From: Linda Harmon from Marshall Rust from Rose Hedge Manor Restaurant in La Mesa